

This is me Now - Questionnaire for Care Staff.

Residents Name : _____

Date completed : _____

What are your goals for _____ ?

What makes a good day for _____?

What makes a bad day for _____-?

What makes _____ happy?

What makes _____ sad?

How do YOU know when _____ is happy / sad?

What makes _____ distressed / anxious ?

How do you settle _____ when they are distressed or anxious?

How do you communicate with _____ ?

Is there any position that _____ prefers to be in when sitting in a chair or in bed ?

Is there anything _____ - particularly likes to have near or in sight that comforts _____ ?

How do you assist _____ with meals and drinks and is there anything _____ likes or dislikes?

Does _____ like to listen to music or watch TV ? If so what type of music or tv programmes does _____ like ?

Are you aware of any wishes / requests that _____ family have asked for ?

Completed by: _____